

**SELF-STUDY WORKSHEET FOR LECTURE 2**

**Nurse-patient relations in the context of ARV treatment**

Aim

*In this session we focus on the relationships between nurses and their patients, with particular attention to facilitating ART adherence and making ART-related clinic visits as smooth as possible for both parties. ART care can be considered a ‘new era’ for nursing since it requires repeated interactions over long periods for check-ups and drug dispensing, allowing for the development of ongoing relationships between nurses and patients. The lecture will examine how best to optimise the positive opportunities for long term nurse-patient relationships through encouraging reflection and discussion about the causes of nurse-patient conflict and best practice in ART nursing.*

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| **Reading** | Campbell, C., Scott, K., Madanhire, C., Nyamukapa, C., & Gregson, S. (in press). A ‘good hospital’: Nurse and patient perceptions of good clinical care for HIV positive people on antiretroviral treatment in rural Zimbabwe. Int J Nursing Studs. |
| **Question** | 1. What elements of religion-based healthcare centres were mentioned as enriching for staff and patients? 2. What do you think the positives and negatives of overtly religious hospitals are? |
| *Your answer* |  |
| **Question** | What components of good clinical care did patients and nurses mention in the article? |
| *Your answer* |  |
| **Question** | What were some causes of friction discussed in the article? |
| *Your answer* |  |

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| **Reading** | Campbell, C., Scott, K., Skovdal, M., Chirwa, C., Mupambireyi, Z., & Gregson, S. (submitted) “How do notions of ‘a good patient’ impact on patient/nurse relationships and ART adherence in Zimbabwe.” Journal for the Association of Nurses in AIDS Care. |
| **Question** | What are the characteristics of a ‘good patient’, according to social norms/representations? |
| *Your answer* |  |
| **Question** | In what ways can nurses be seen to have power over patients? |
| *Your answer* |  |
| **Question** | Some patients find it hard or impossible to be ‘good patients’. Why might this be? |
| *Your answer* |  |

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| **Reading** | Jewkes, R., Abrahams, N., Mvo, Z., 1998. Why do nurses abuse patients? Reflections from South African obstetric services. Social Science and Medicine 47(11), 1781-1795. |
| **Question** | What are some of the abuses of patients described in this article? |
| *Your answer* |  |
| **Question** | How do the nurses/midwives explain these abuses? |
| *Your answer* |  |
| **Question** | According to this article, what are some of the reasons why nurses/midwives abuse patients? |
| *Your answer* |  |
| **Question** | What are some of the ways that the authors suggest abuses of patients can be reduced? |
| *Your answer* |  |

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| **Reading** | Manongi, R., Nasuwa, F., Mwangi, R., Reyburn, H., Poulsen, A., Chandler, C., 2009. Conflicting priorities: evaluation of an intervention to improve nurse-parent relationships on a Tanzanian paediatric ward. Human Resources for Health, 7(50). doi:10.1186/1478-4491-7-50. |
| **Question** | What are some of the reasons reported in this article than nurses do not treat patients well? |
| *Your answer* |  |
| **Question** | What were some solution action points? Which of the solutions were implemented at follow up and which were not? |
| *Your answer* |  |
| **Question** | The authors state that: “The aim of the intervention was to improve nurse-parent relationships... we found we had little success in achieving this goal. Our evaluation suggests this may be because the priorities of the nursing staff did not match those of the intervention.”  What were the priorities of the nursing staff? Why did the intervention fail? |
| *Your answer* |  |

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| **Reading** | Stein, J., Lewin, S., Fairall, L., 2007. Hope is the pillar of the universe: Health-care providers‘  experiences of delivering ART in primary health-care clinics in the Free State province of South Africa. Social Science and Medicine 64, 954-964. |
| **Question** | Why are the authors surprised by the positive attitude that nurses have towards the roll out of ART in their clinics? |
| *Your answer* |  |
| **Question** | What signs were there that the nurses interviewed by the authors need more support? |
| *Your answer* |  |
| **Question** | In what ways do the authors suggest that nurses’ attitudes towards patients have changed? |
| *Your answer* |  |

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